

Dementia

Care

What is dementia?

Dementia is a disease which affects the brain. Persons with dementia (PWDs) may have poor memory and difficulties in learning new skills or solving problems. They may also exhibit changes in personality and have difficulty communicating with others. Dementia is not a normal part of ageing.

Dementia does not just affect PWDs. Family members and caregivers may feel overwhelmed when taking care of loved ones.

Dementia Care Team

The multi-disciplinary Dementia Care Team consists of doctors, nurses, physiotherapists, occupational therapists, medical social workers, care coordinators and chaplains. The team journeys alongside PWDs and their caregivers.

Through a comprehensive suite of services, we care for the whole person by providing medical, rehabilitative and psychosocial care.

Our goal is to support PWDs and their caregivers, helping them to cope at home and in the community.



The multi-disciplinary Dementia Care Team cares for the whole person by providing physical, emotional and psychosocial care

Inpatient Care

We have a specially-designed dementia ward to manage the medical and rehabilitation needs of PWDs. The ward provides a homely environment, with a courtyard that provides a safe place for patients to enjoy the outdoors.

There is a range of activities that patients and their caregivers can choose to engage in:

- Group therapy sessions where patients can cook, do crafts and physical exercises
- Communal meals for patients to dine together and socialise
- Celebration of festivities
- Creating a personalised Life Story book
- Gardening in the courtyard



The specially-designed dementia ward has a courtyard, giving patients and caregivers a home away from home



Care is coordinated and individualised. Our care is designed for each patient and we manage each person individually

Outpatient Care Services

Our Outpatient Clinic, Day Rehabilitation Centre and Home Care Services (comprising Home Medical, Home Nursing and Home Therapy) provide integrated care for PWDs in the community.

In addition, the Dementia Care Team continues to educate and provide psychosocial support to PWDs and their caregivers as they live in the community.

Home Intervention Programme

This home based dementia care programme is for Persons with Dementia (PWDs) living in western Singapore. This programme provides comprehensive assessment and support for PWDs and their caregivers.

The medical social worker and care coordinator provide:

- Counselling and support to achieve better coping at home. The team complements the support from the PWDs' primary care physician or general practitioners
- Linkages to appropriate services to meet the care needs of the PWDs
- Education, training and support to reduce caregiver stress, and equip PWDs and their caregivers to live well in the community

The Home Intervention Team engages community and healthcare partners to provide support to PWDs and their caregivers.

We welcome referrals and enquiries from healthcare institutions, community partners and families of PWDs.

Tel: 6895 2794

Email: homeintervention@stluke.org.sg

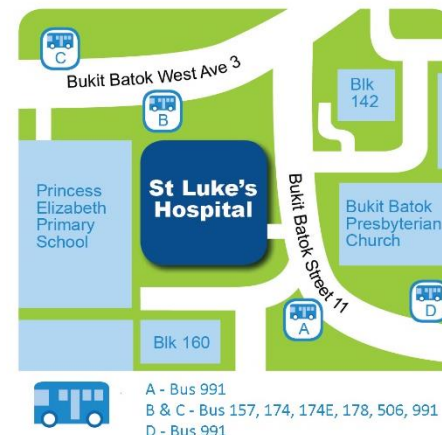
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Operating hours

Mon–Fri

8.30 am–5.30 pm

Sat

8.30 am–12.30 pm

Closed on Sundays and public holidays

By MRT

Alight at Bukit Batok MRT Station, take feeder service 991 from Bukit Batok Bus Interchange.

By Car

Limited car park lots are available within the hospital. Additional car parks are available at Blk 142, 160 and 161. A multi-storey car park is located at Blk 154A.

Visiting hours

Mon–Sun

10.00 am–8.00 pm