

## **SLH Dementia Home Intervention (HI) Programme**

Having meaningful mental and physical engagement in the familiar home environment and the community can improve the quality of life for both the Person with Dementia (PWD) and their family members and caregivers. The St Luke's Dementia Home Intervention Programme aims to achieve this by providing behavioural and psychosocial interventions to the PWDs while also providing support and education for their family members and caregivers. These interventions can allow the PWDs to age in place within the community.

The Home Intervention (HI) team can provide support to help family members and caregivers better manage Behavioural and Psychological Symptoms of Dementia (BPSD) that the PWD may exhibit.

Our HI team comprises of healthcare professionals (Medical Social Worker, Nurse / Care Coordinator) trained in addressing the various behavioural and psychosocial issues faced when caring for PWD.

### **We service:**

- Persons diagnosed with dementia residing in the Western Region of Singapore
- Family and/or caregivers who are facing challenges in caring for PWDs

### **We provide:**

- Home-based dementia care programme (of up to 6 months), supported by St Luke's Hospital and other community support services.
- Comprehensive assessment to help family members and caregivers better understand dementia and the changing needs of the PWD as well as behavioural interventions to manage challenges associated with the disease.
- Support, training and education for family members and caregivers to enhance their knowledge and skills required to better cope with the challenges associated with caring for PWDs.
- Interventions and education on how to engage the PWD at home.

### **How to refer:**

We accept referrals from:

- Hospitals, Specialist Clinics, GP Clinics and Polyclinics
- Family Service Centres, Senior Activity Centres, Community Service Providers (e.g. day care) and Cluster Support Services
- Grassroot Organisations (Residents' Committees, Community Clubs etc.)

Please call or email us for a referral form.

### **Contact details:**

St Luke's Hospital  
2, Bukit Batok Street 11  
Singapore 659674  
Tel: 6895 2794  
Fax: 6561 3625  
Email: [homeintervention@stluke.org.sg](mailto:homeintervention@stluke.org.sg)  
Website: <https://www.stluke.org.sg/>

### **Operating Hours:**

Mon to Fri: 8.30am – 5.30pm  
Closed on weekends & public holidays

## 圣路加医院失智症居家服务

在熟悉的居住与社区环境里安排有意义的身心和肢体活动可为失智症人士和他们的家人与看护者提高生活品质。圣路加医院的失智症居家服务通过行为和心理上调整与协助来达到这个目标。我们也为家人与看护者提供护理资讯和支援，协助他们可以更有效地照顾失智症人士。这可以帮助失智症人士继续留在社区环境里长期生活。

如果失智症人士患有行为精神症状，这项服务可为家人与看护者提供协助以更好地应付这些症状。

圣路加医院的失智症居家服务是由受过培训的专业医护人员 (包括医疗社工和护士/护理协调员) 所组成的团队。

### 服务对象:

- 居住在新加坡西部的失智症人士
- 面临护理困难挑战的失智症家人与看护者

### 我们提供的服务:

- 由圣路加医院及其它社区服务中心所提供长达六个月的居家服务
- 通过详细的评估来提升家人与看护者对于失智症的了解，并协助他们更好地应付看护时所面临的挑战
- 给予看护者与家人所需要的护理技能和资讯，让他们能更有效地应付日常护理的困难
- 提供资讯以增强失智症人士的社区联系和促进与看护者之间的互动

### 推荐机构:

- 医院、专科诊疗所、私人诊疗所、综合诊疗所
- 社区援助服务中心: 家庭服务、乐龄活动中心, 社区伙伴 (例如日间中心)和群体支持服务
- 基层组织或机构 (居民委员会、联络所等等)

欢迎您通过热线或电邮联络我们索取推荐表格。

#### 联系方式:

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Singapore 659674

电话: 6895 2794

传真: 6561 3625

电邮: [homeintervention@stluke.org.sg](mailto:homeintervention@stluke.org.sg)

网址: [www.stluke.org.sg](http://www.stluke.org.sg)

#### 工作时间:

星期一至五: 8.30am – 5.30pm

周末和公共假期休息