



Outpatient

Care

We care for the whole person, recognising that people have more than just physical needs. They also have emotional, psychological and social needs. As no two persons or their families are the same, our care is individualised. Our services include Community Clinic, Day Rehabilitation and Home Care (Home Medical, Home Nursing and Home Therapy), which empower patients and caregivers with choices regarding quality of life.

Community Clinic

St Luke's Community Clinic is a one-stop clinic to meet community healthcare needs. Our multi-disciplinary team provides comprehensive care, with a wide range of services.

Diabetes care services

- Family physician*
- Wound care
- Dietician counselling
- Diabetic nurse counselling
- Diabetic foot screening
- Screening for nephropathy
- Diabetic retinal photography

Primary care eye clinic

Together with National University Hospital (NUH) Ophthalmology (Eye) Department, our primary care eye clinic aims to make specialist eye care accessible to the community.

Services include:

- Optometry and lens prescription
- Slit lamp examination
- Tonometry and glaucoma screening



Dementia care

Our multi-disciplinary dementia care team journeys alongside persons with dementia and their caregivers, helping to manage behaviours of concern, and to cope at home and in the community.

- Family physician*
- Occupational therapy and behavioural management
- Caregiver education and training
- Care coordination and referral to community resources

Community psychiatry clinic

In collaboration with NUH Department of Psychological Medicine, we run a community psychiatry clinic for persons aged 25 to 65, to manage conditions such as anxiety and mood disorders, and promote mental well-being in the community. The clinic includes psychologist service.

Family physician and other clinics

- *Family physician clinic (including management of geriatric syndromes, osteoporosis, stroke and chronic disease)
- Wound clinic
- Dietician clinic
- Dental clinic
- X-ray

Day Rehabilitation

We enhance clients' ability to cope with functional changes and promote their independence so that they can reintegrate into the community.

Physical rehabilitation

- Rehabilitation for conditions such as stroke, hip or knee operation, amputation
- Musculoskeletal physiotherapy
- Fall prevention

Community Integration

To reconnect clients with the community

- Back on your feet programme
- Community integration programme
- Home engagement programme
- Powered mobility training

Speech therapy

- Swallowing assessment
- Speech and language training

Specialty programmes

- Ambulation training with robotic device: G-EO System
- Upper limb robotics programme for stroke survivors: Stroke Training with Advance Rehab
- Constraint-Induced Movement Therapy (CIMT)
- Balance training: Balance Tutor and Ceiling Track Harness
- Wellness programme: Gym Tonic

Home Care

Our home-based services care for home-bound clients in the western region of Singapore. A dedicated team provides holistic care to ensure the health and well-being of clients, working closely with caregivers to optimise care at home.

Home medical

- Regular follow-up care for clients with chronic medical conditions

Home nursing

- Wound and stoma care
- Nursing care and procedures such as changing of feeding tube, urinary catheter

Home therapy

- Physiotherapy and occupational therapy
 - Physical and mobility training
 - Home environment assessment/modification
 - Activities of daily living/functional training
 - Home environment assessment
 - Community integration
- Speech Therapy
 - Swallowing assessment
 - Speech and language training

- **St Luke's Community clinic:** 6895 3230, outpatientclinic@stluke.org.sg
- **Day rehabilitation centre:** 6895 3205, drc@stluke.org.sg
- **Home care:** 6895 3204, hcs@stluke.org.sg

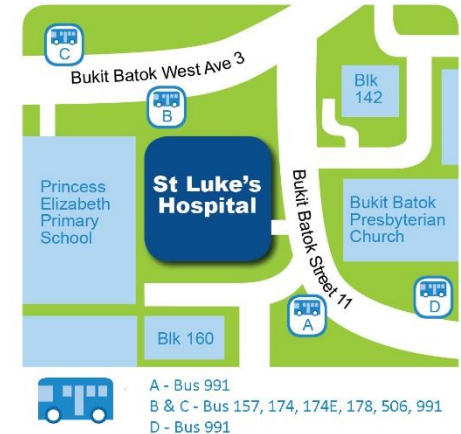
St Luke's Hospital

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Operating hours

Mon–Fri

8.30 am–5.30 pm

Sat

8.30 am–12.30 pm

Closed on Sundays and public holidays

By MRT

Alight at Bukit Batok MRT Station, take feeder service 991 from Bukit Batok Bus Interchange.

By Car

Limited car park lots are available within the hospital. Additional car parks are available at Blk 142, 160 and 161. A multi-storey car park is located at Blk 154A.

Posed photos of patients and clients are for illustration only.