

# Medication Management (Basic)

Proper medication management is increasingly important in an ageing population with complex care needs. Join this course to gain knowledge and skills needed for safe use of medications.

## Course objectives

- Learn how to handle, store and dispose medications safely and effectively
- Learn common ailments in the elderly and appropriate medication management
- Recognise and manage common adverse reactions caused by medications

## Course outline

### Day 1:

- Different formulations of drugs and their routes of administration
- Storage conditions, integrity and proper disposal of medications
- Generic, brand and chemical names of drugs
- Basic drug information resources
- Basic understanding of prescriptions
- Safe medication administration

### Day 2:

- How physiologic changes of ageing affect drug therapy
- Polypharmacy and its potential risks
- Common ailments in the elderly
- Supplements and nutritionals
- Medications and common conditions related to fall risk
- Measures to mitigate fall risk

## Training methodology

Lectures, group discussions and activities, case scenarios, demonstrations with skills practices

## Trainers' profile

**Loh Li Ling, Lai Chien Kuan, Wong Yoke Cheng and Celine Tan** are registered pharmacists at St Luke's Hospital, each with over 10 years of working experiences. They are Preceptors for pharmacy students and pre-registration pharmacists. They also conduct medication training sessions for doctors and nurses. Chien Kuan specialises in geriatric pharmacy and palliative care, Celine specialises in psychiatric pharmacy, while Li Ling and Yoke Cheng are experienced administrative and clinical pharmacists.

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- [fb.com/slhsg](https://www.facebook.com/slhsg)
- [giving.sg/slh](https://www.giving.sg/slh)



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**Target audience:** Nursing Aides, Enrolled Nurses, Registered Nurses, Centre-based staff, Staff who manage medications at community services

**Course duration (2 full days):**  
8.30am – 5.30pm

**Course dates :**

Run	Month	Day 1	Day 2
2	Aug 2019	19	20

**Course fee:** \$492.20 (including GST)  
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

**Venue:** St Luke's Hospital  
2 Bukit Batok Street 11  
Singapore 659674

## REGISTER

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## Enquiries

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