

# Dysphagia Management Skills: Part 1

Dysphagia can lead to malnutrition and aspiration pneumonia. Join this course to gain fundamental knowledge of dysphagia management and intervention in order to assist people with swallowing difficulties.

## Course objectives

- Explain the causes of dysphagia
- Identify the signs and symptoms of dysphagia and aspiration pneumonia
- Explain the purpose of diet and fluid modifications
- Prepare fluids and identify diets of different consistencies
- Employ basic safe feeding techniques
- Explain the role of oral hygiene in the person with dysphagia
- Provide basic oral hygiene interventions and training

## Course outline (1 day)

- Identify signs and symptoms of dysphagia and aspiration pneumonia
- Introduction to modified diets and fluids
- Preparation of modified fluids (including nutritional supplements) with hands-on practice
- Application of basic safe feeding techniques
- Role of basic oral hygiene
- Application of basic oral hygiene interventions

## Training methodology

Lectures, group discussions, demonstrations, hands-on practices

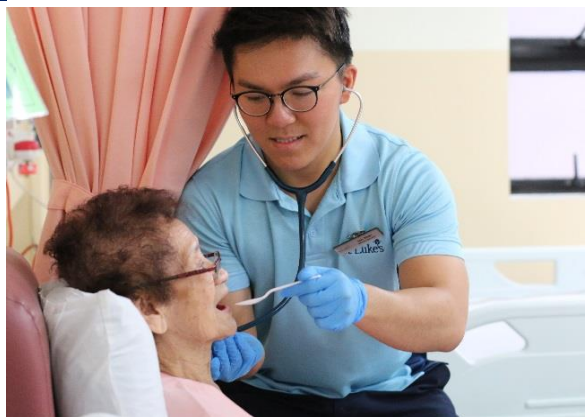
## Trainers' profile

**Voon Siew Wei, Karryn Kam and Eng Tze Hao** are speech therapists at St Luke's Hospital, which is the first hospital in Singapore dedicated to the elderly sick.

Their areas of specialisation include dysphagia, language and speech rehabilitation in adult and elderly population. They work with patients with different conditions including stroke, motor neuron diseases, dementia and head or neck cancer.

**You may sign up for both Part 1 and 2 of this course. Part 2 includes topics such as modified diet, Oral Hygiene Assessment Tool and swallow safety.**

- slh.org.sg
- fb.com/slhsg
- giving.sg/slh



**Target audience:** Therapy Assistants, Nurses, Healthcare staff who care for patients with dysphagia

## Course duration (1 day):

Run	Month	Day 1
		9am – 6pm
2	Oct 2019	7
3	Mar 2020	9

**Course fee:** \$401.25 (including GST)  
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

**Venue:** St Luke's Hospital  
2 Bukit Batok Street 11  
Singapore 659674



## REGISTER

through your organisation's designated AIC LMS Administrator  
[https://lms.aic-learn.sg/lms/app/SYS\\_login.aspx](https://lms.aic-learn.sg/lms/app/SYS_login.aspx)  
**Course code:** SLH-CL-24-[run no.]

## Enquiries

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Posed photos of patients and clients for illustration only.