

Dysphagia Management Skills: Part 2

Dysphagia can lead to malnutrition and aspiration pneumonia. Join this course to gain a deeper knowledge of dysphagia management and intervention in order to assist people with swallowing difficulties.

Course objectives

- Identify palatable modified diets and fluids
- Understand the preparation required for modified diets
- Understand specific swallowing difficulties in populations with dementia, Parkinson's disease, respiratory difficulties and stroke
- Implement specific compensatory techniques used in different populations
- Implement specific rehabilitation techniques for swallowing
- Explain the importance of oral hygiene and its assessment tools
- Explain the different objective swallowing assessments available and understand the rationale behind objective assessments
- Understand ethical decision-making principles in the area of oral versus non-oral feeding

Course outline (2 days)

Day 1

- Review knowledge of fluid and diet modification
- Preparation of modified diet
- Specific feeding techniques for patients with dysphagia

Day 2

- Introduction of Oral Hygiene Assessment Tool (OHAT)
- Introduction of oral- motor and swallowing exercises
- Identify methods to ensure swallow safety
- Implement methods to ensure swallow safety

Training methodology

Lectures, group discussions, demonstrations, hands-on practices

Trainers' profile

Voon Siew Wei, Karryn Kam and Eng Tze Hao are speech therapists at St Luke's Hospital, which is the first hospital in Singapore dedicated to the elderly sick.

Their areas of specialisation include dysphagia, language and speech rehabilitation in adult and elderly population. They work with patients with different conditions including stroke, motor neuron diseases, dementia and head or neck cancer.



Target audience*: Therapy Assistants, Nurses, Healthcare staff who care for patients with dysphagia

It is recommended that participants have completed part 1 or have experience in working with patients with dysphagia

Course duration (2 days):

Run	Month	Day 1	Day 2
		(9am - 6pm)	
2	Oct 2019	8	9
3	Mar 2020	10	11

Course fee: \$791.80 (including GST)
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

Venue: St Luke's Hospital
2 Bukit Batok Street 11
Singapore 659674

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https://lms.aic-learn.sg/lms/app/SYS_login.aspx

Course code: SLH-CL-25-[run no.]



Enquiries

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