

Stroke Rehab: Assist Clients in Stroke Rehabilitation (Physiotherapy Domain) – Basic Level - Part 2

Stroke rehabilitation is an important part of recovery after stroke. Join this course to gain advance knowledge of stroke rehabilitation and learn to assist clients in their rehabilitation.

Course objectives

- Understand kinetics and kinematics of the gait cycle using the Observational Gait Analysis approach (Rancho phases and critical events of gait observational analysis)
- Understand features of common pathological gait abnormalities including antalgic gait, hemiplegic gait, sensory ataxia gait and others
- Identify goals of gait rehabilitation using the International Classification of Functioning (ICF) model
- Learn how to train to improve walking ability to of patients requiring different assistance level after stroke
- Learn various balance assessments, exercise strategies, treadmill unweighting training
- Know the advantages and disadvantages in using instrumented analysis

Course outline (4 half days)

Day 1:

- Normal gait
- Instrumented analysis

Day 2:

- Abnormal gait
- Goals of gait rehabilitation

Day 3:

- Balance assessment
- Training strategies to improve walking ability

Day 4:

- Skills competency assessment

Training methodology

Lectures, group discussions, role play, demonstrations

Trainers' profile

Bala S Rajaratnam, Tang Wei Mun & Khin Wei Thet, are physiotherapists registered with Allied Health Professional Council Singapore and practice at St Luke's Hospital, which is the first hospital in Singapore dedicated to the elderly sick. They have experiences teaching and supervising physiotherapy students. They are also leads in providing care to geriatric clients and those who had stroke.



Target audience: Therapy Aides, Therapy & Health Assistants and others working in the healthcare community setting. Part 1 and Part 2 are not linked and cover different topics. Participants can do part 2 before part 1.

Course duration (4 half days):

2.00pm–6.00pm

Course dates:

Run	Month	Day 1	Day 2	Day 3	Day 4
		2 – 6pm			
2	Sept	19	20	23	24
3	Feb 2020	7	14	21	28

Course fee: \$593.85 (including GST)
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

Venue: St Luke's Hospital
2 Bukit Batok Street 11
Singapore 659674

REGISTER

through your organisation's designated AIC LMS Administrator
https://lms.aic-learn.sg/lms/app/SYS_login.aspx

Course code: SLH-CL-15-[run no.]

Enquiries

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