

Introduction To Neuro-Developmental Techniques In Adult Hemiplegia

Neuro-Developmental Techniques (NDT) enhances the function of adults with difficulty controlling movement due to neurological challenges such as stroke and head injury. Join this course to gain fundamental knowledge of the philosophy and treatment principles of NDT.

Course objectives

- Describe the theory assumption and principles (motor control, motor learning and motor development) of NDT
- Link NDT practice model with the International Classification of Function (ICF) model
- Apply principles of posture and movement model in practice
- Perform practical skills to:
 - Analyse common task movement
 - Set the trunk right for activity
 - Implement facilitation techniques
- Demonstrate common NDT Interventions for a client after stroke

Course outline (2 days)

Day 1

- NDT practice model and ICF model
- Posture and movement model in NDT practice
- Movement analysis of common task

Day 2

- Trunk righting
- Facilitation techniques
- NDT intervention

Training methodology

Lectures, demonstrations, role play

Trainers' profile

Celis Zeng, Khin Wei Thet, Tang Wei Mun and Fahria Rahman are physiotherapists at St Luke's Hospital, which is the first hospital in Singapore dedicated to the elderly sick. Their areas of specialisation include stroke, geriatric and vestibular rehabilitation.

- slh.org.sg
- fb.com/slhsg
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Target audience: Physiotherapists or occupational therapists keen to understand concept of NDT.

Course duration (2 days)

Course dates:

Run	Month	Day 1	Day 2
		9am – 5pm	
1	Sept 2019	2	16
2	Oct & Nov 2019	22 Oct	4 Nov
3	May 2020	5	12

Course fee: \$561.75 (including GST)
Prevailing course fee subsidy at **90%** for Singaporeans/PRs and **45%** for foreign staff working in eligible community care organisations.

Venue: St Luke's Hospital
2 Bukit Batok Street 11
Singapore 659674



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Course code: SLH-CL-21-[run no.]

Enquiries

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