



Outpatient

Care

We care for the whole person, recognising that people have more than just physical needs. They also have emotional, psychological and social needs. As no two persons or their families are the same, our care is individualised. Our services include day rehabilitation, St Luke's Community Clinic, and home care (home medical, home nursing and home therapy), which empower patients and caregivers with choices regarding quality of life.

## St Luke's Community Clinic (SLCC)

St Luke's Community Clinic is a one-stop clinic to meet community healthcare needs. Our multi-disciplinary team provides comprehensive care, with a wide range of services.

### Diabetes care services

- Family physician\*
- Wound care
- Dietician counselling
- Diabetic nurse counselling
- Diabetic foot screening
- Screening for nephropathy
- Diabetic retinal photography

### Primary care eye clinic

Together with National University Hospital (NUH) Ophthalmology (Eye) Department, our primary care eye clinic aims to make specialist eye care accessible to the community.

Services include:

- Optometry and lens prescription
- Slit lamp examination
- Tonometry and glaucoma screening



### Dementia care

Our multi-disciplinary dementia care team journeys alongside persons with dementia and their caregivers, helping to manage behaviours of concern, and to cope at home and in the community.

- Family physician\*
- Occupational therapy and behavioural management
- Caregiver education and training
- Care coordination and referral to community resources

### Community mental wellness service

In collaboration with NUH Department of Psychological Medicine, we run a community mental wellness service for persons aged 25 to 65, to manage conditions such as anxiety and mood disorders, and promote mental well-being in the community. The clinic includes psychologist service.

### Family physician and other clinics

- \*Family physician clinic (including management of geriatric syndromes, osteoporosis, stroke and chronic disease)
- Wound clinic
- Dietician clinic
- Dental clinic
- X-ray

## Day Rehabilitation Centre (DRC)

Rehabilitation helps persons to be as independent as possible in everyday activities, and enables participation in work, recreation and meaningful life roles such as taking care of family.

This is done by addressing underlying conditions (such as pain) and improving the way people function in everyday life. It helps overcome difficulties with thinking, seeing, hearing, communicating, eating or moving around.

People may need rehabilitation at some point in their lives, following an injury, surgery, disease or illness, or because of functional decline due to age.

Some common conditions that may benefit from rehabilitation include:

- Stroke
- Musculoskeletal Injuries
- Post-surgery deconditioning
- Frailty
- Falls
- Cancer
- Lymphoedema
- Speech disorders or impairments
- Swallowing issues
- Mood disorders
- Cognitive impairments

Our rehabilitation team is made up of physiotherapists, occupational therapists, speech and language therapists, and music therapists.

We provide person-centered care where interventions and approaches depend on personal goals and preferences.

Besides outpatient rehabilitation at our DRC, we also have home therapy.

## Home care

Our home-based services care for home-bound clients in the western region of Singapore.

## Home medical

- Regular follow-up care for clients with chronic medical conditions

## Home nursing

- Wound and stoma care
- Nursing care and procedures such as changing of feeding tube, urinary catheter

## Home therapy

- Physiotherapy and occupational therapy
- Speech therapy

## Appointments and enquiries

- **SLCC:** 6895 3230, [outpatientclinic@stluke.org.sg](mailto:outpatientclinic@stluke.org.sg)
- **DRC:** 6895 3205, [drc@stluke.org.sg](mailto:drc@stluke.org.sg)
- **Home care:** 6895 3204, [hcs@stluke.org.sg](mailto:hcs@stluke.org.sg)

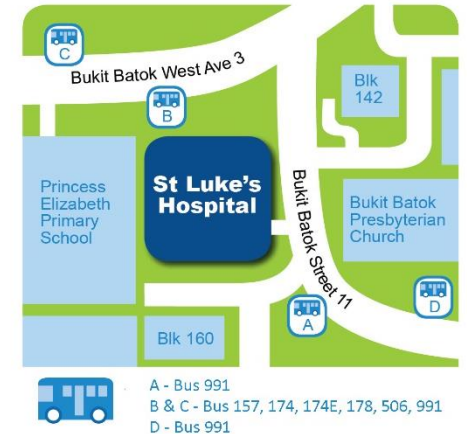
## St Luke's Hospital

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● [slh.org.sg](http://slh.org.sg) ● [fb.com/slhsg](https://fb.com/slhsg) ● [giving.sg/slh](http://giving.sg/slh)



## By MRT

Alight at Bukit Batok MRT Station, take feeder service 991 from Bukit Batok Bus Interchange.

## By car

Limited car park lots are available within the hospital. Additional car parks are available at Blk 142, 160 and 161. A multi-storey car park is located at Blk 154A.

## Operating hours

Mon–Fri	Sat
8.30 am–5.30 pm	8.30 am–12.30 pm

Closed on Sundays and public holidays

Posed photos of patients and clients are for illustration only.