



Our comprehensive palliative care service helps patients live well before leaving.

We provide holistic care to comfort, improve the quality of life and preserve dignity for patients. Recognising that each person is unique, our care is individualised.

We also support caregivers.

### Misconceptions about palliative care

**Misconception 1:** Only patients benefit from palliative care.

**Fact:** Family and caregivers can benefit from palliative care.

**Misconception 2:** Palliative care is only for people approaching the end of their lives.

**Fact:** Palliative care can be given at any age and at any point of an end-stage or progressive condition.

**Misconception 3:** Palliative care is only about helping people relieve pain and other physical symptoms.

**Fact:** Palliative care not only helps alleviate suffering, it also affirms life, preserves dignity and provides the best quality of life possible.



### Palliative care

- Symptom management
- Pain management
- Psychosocial support
- Therapeutic recreational activities
- Bereavement care
- Pastoral care
- Counselling



Therapeutic recreational activities such as art, cooking and outings help improve quality of life.

## Multi-disciplinary team

- Doctors
- Nurses
- Physiotherapist, occupational therapist and speech therapist
- Art therapist, music therapist
- Pharmacists
- Medical social workers
- Care coordinators
- Pastoral care staff

## Dedicated ward

- 16-bed ward
- Activity area
- Room available for family discussions

**Referral and enquiries: call 6895 3216 or email [referral@stluke.org.sg](mailto:referral@stluke.org.sg)**



Posed photos of patients and clients are for illustration only.

## Patient stories

Madam Wong (not her real name) managed to cook a plate of fried rice for her husband at St Luke's Hospital kitchenette before she passed on. She had been cooking for her husband all these years, and she wanted to cook for him one last time. She did.

When a patient's family was absent in his last moments, nurses took turns with his helper to hold his hand, assuring him he would not die alone.

It is not only patients who receive support. Caregivers are not forgotten. One patient's daughter was grief-stricken after her father died. She still visited the hospital as her mother was also a patient. The daughter told the pastoral care staff who had cared for her father that she did not dare to enter the ward her late father had been in because of painful memories.

The staff encouraged and accompanied her to the ward. She saw that there were new patients there. The staff affirmed her observation and assured her she could close that chapter in her life and look forward to new things. The daughter cried and found the closure she needed to move on.

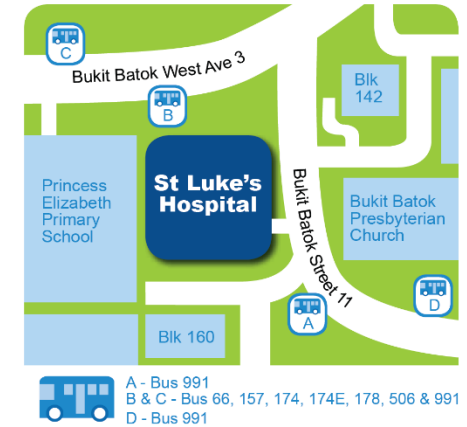
## St Luke's Hospital

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● [www.slh.org.sg](http://www.slh.org.sg) ● [fb.com/slhsg](https://fb.com/slhsg) ● [giving.sg/slh](https://giving.sg/slh)



### Office hours

#### Mon–Fri

8.30 am–5.30 pm

#### Sat

8.30 am–12.30 pm

Closed on Sundays  
and public holidays

### Visiting hours

#### Mon–Sun

10.00 am–8.00 pm

### By MRT

Alight at Bukit Batok MRT Station, take feeder service 991 from Bukit Batok Bus Interchange.

### By Car

Limited car park lots are available within the hospital. Additional car parks are available at Blk 142, 160 and 161. A multi-storey car park is located at Blk 154A.